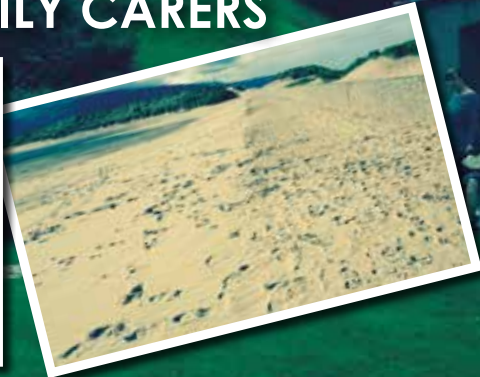


TOWN, SEA  
& COUNTRY

# SharedLives

ON HOLIDAY

**A HOLIDAY SERVICE FOR PEOPLE  
SUPPORTED BY SHARED LIVES AND  
THEIR FAMILY CARERS**



**Shared Lives Plus runs a holiday service  
that assists in finding holidays**  
*– find out more inside!*

## HOLIDAY MAKERS/SERVICE USERS

- If you would like to enjoy a holiday in the city, country or by the sea check out our 'short breaks and holidays' pages on our website [www.sharedlivesplus.org.uk](http://www.sharedlivesplus.org.uk)
- There is a checklist on the site that you can use to help you think about a holiday and support that will suit you
- You can ask for some help from a family member, your Shared Lives carer, or ask your social worker to contact the scheme / holiday that suits you
- Once you have booked your holiday you will need to think about a budget for spending money and travel to and from your holiday destination
- When you come back from your holiday let us know all about it

## FAMILY CARERS

- Some Shared Lives carers can accommodate family carers, so you can go on holiday with your family member. This will be stated in carer's online profiles, which can be found in the short breaks and holidays section of our website
- The holiday Shared Lives carer will make a charge for accommodation and meals. The family carer can arrange with the holiday carer what support they will require

## SHARED LIVES CARERS

- If you would like to become a holiday Shared Lives carer
  - Think about what your area can offer, who you can assist and your availability
  - Being a holiday carer is not about respite care, it is about giving someone a holiday experience
  - Qualities required include an ability to adjust to new situations, enjoying being out and about, lots of energy and patience and a sense of humour
  - Discuss becoming a holiday carer and what it will involve, with your family and the people you support
  - Read through the user guide and check with your scheme or Shared Lives Plus about any queries
  - Talk to your scheme worker about your interest and how they can support you
  - Try and arrange to talk to another holiday carer
  - Ensure your scheme is registered as a holiday service
  - Develop a carer profile for the Shared Lives Plus website
  - Prepare to enjoy yourself!

## SHARED LIVES SCHEMES

- Any Shared Lives scheme can join the holiday scheme.
- You can offer holidays in your area with your Shared Lives carers
- You can use holiday carers in other Shared Lives schemes for your service users
- You need to register with Shared Lives Plus as a holiday service by completing a simple form from Rhona – [rhona@sharedlivesplus.org.uk](mailto:rhona@sharedlivesplus.org.uk)
- Contact Denise – [denise@sharedlivesplus.org.uk](mailto:denise@sharedlivesplus.org.uk) to discuss the holiday service and if needed a visit can be arranged to meet staff and carers to discuss what is involved.
- Any of your Shared Lives carers who want to register as a holiday carer will need to complete a carer profile for the holiday website. They will also need to discuss with their Shared Lives worker/team their suitability and requirements. It is essential they have a discussion with any other people they support in their home

- Download and read the user guide and supplementary forms
- Set holiday fees and management fees if any
- Consider if you want to match with one or a limited number of other schemes.

## SHARED LIVES PLUS

- Registers holiday schemes and carer profiles
- Places the information on our website
- Assists with information on the holiday service via email and telephone
- Provides limited visits to schemes to assist with information and advice about setting up a holiday scheme
- Promotes the holiday service, shares stories on the website and in Shared Lives Plus publications

## WE DO NOT

- Take referrals and facilitate holiday matches
- Make any charges
- Organise travel, placements or set fees.

# SharedLivesPlus

THE UK NETWORK FOR SHARED LIVES AND HOMESHARE

## CONTACT DETAILS

Administrative support is provided by Rhona Caveney at  
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Co-ordination is provided by Denise Nygate at  
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